

ROZBARK BYTOM DANCE AND MOVEMENT THEATRE

Socially-oriented projects

Art has long ceased to serve artists' need of expression and may play a therapeutic role for groups who are often socially excluded. Appreciating the inestimable value of social work, and wishing to get closely involved with the community it will be a part of, the ROZBARK Bytom Dance and Movement Theatre intends to set up a wide array of socially-oriented projects to support the therapy of excluded or disabled persons and to encourage the residents of Bytom to take common action. The projects, delivered for free, will be addressed to patients of hospitals and rehabilitation centres, the disabled, the elderly, residents of care homes, juvenile detention centres and children's homes. Also planned are projects addressed to the deaf and blind, to be conducted in association with foreign dance companies experienced in working with people with this kind of disability. Another challenge we would like to take up is starting art therapy in prisons. We will also attempt to integrate with Bytom's very well-established Romani community. Naturally, we will never lose sight of children from poor or pathological families, or unprivileged backgrounds.

Thanks to its egalitarian character, dance may serve as an excellent therapy for socially excluded groups, helping them to live a normal life, give vent to everyday problems, or minimise their disability, and – what's also important – to create a community around dance. Taking part in art therapy is often a turning point for the participants when they decide to change the way they live, discover their inner abilities that nobody, themselves included, has ever thought they had. Changing the life of one person is enough to make any dance therapy project worth the effort.